

Fitnessgram Testing Best Practices

Fitness Testing can sometimes be a topic of concern for many parents. Because AISD's PE teachers want to be sensitive to parents' concerns, we will do our best to ensure that all students feel safe and have the opportunity to participate in physical education activities. We will provide information to parents and students about the testing process and ensure that all students are prepared for the testing. We will also provide support for students who may have concerns or questions about the testing.
